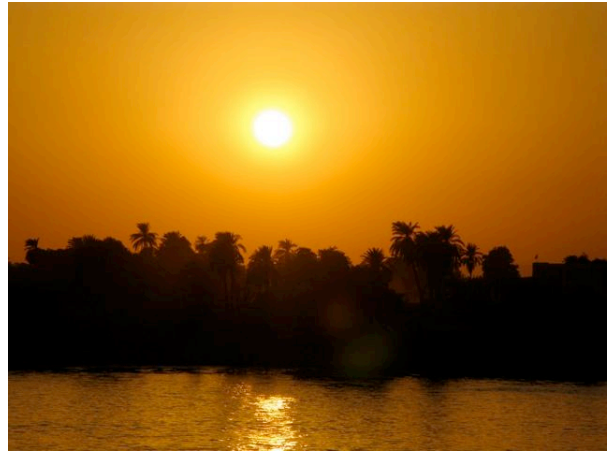


‘Let your heart navigate you.’

Lemurian Awakening and Quest Travel present
Winter Solstice Trip to Egypt
December 15-22, 2010



Itinerary

Day 01: Dec 15th: Cairo

Day 02: Dec 16th: Sakkara / Abu Sir

Day 03: Dec 17th: Karnak temple / Luxor temple

Day 04: Dec 18th: Abydos temple / Dendarah temple

Day 05: Dec 19th: Valley of Kings / Queen Hatshepsut / Madinet Habu temples

Day 06: Dec 20th: Free day in Luxor / Cairo

Day 07: Dec 21st: The Great pyramid / King's Chamber

Day 08: Dec 22nd: Departure

Day 01: Dec 15th, Cairo

Arrive to Cairo Airport where you will be Welcomed to Egypt by your Quest Travel Tour Manager and transferred to your deluxe Le Meridien Pyramids hotel, overlooking the pyramids.

MEDITATION DAY 01: The wisdom of Lemuria – Opening Ceremony – The ancient dream of the Cosmic Mother.

Day 02: Dec 16th Sakkara / Abu Sir / Egyptian museum

This morning we depart by bus to the funerary complex of Pharaoh Djoser (2630-2611 BC) of the 3rd Dynasty at Saqqara His Step Pyramid was the most pioneering and successful attempt ever to build a pyramid. The six unequal steps, like all the construction around it, were designed by Imhotep the deified architect, physician, patron of scribes, and most honored by his people. You will learn about the Heb-Sed Court, designed by Imhotep, for his Pharaoh to use in the celebration of the commencing of a new era in the King's rule.

You will also stop to visit the mastabas, bench-like tomb constructions, a feast for the eyes and mind, as you see depicted within the scenes of daily life, so preserved that one wonders how they could have survive for 4,500 years.

In the way back we visit Abu Sir where the Sun temple is located , Abu Sir is a closed for public visits, and it is opened by governmental permission..

An experience awaits you as you visit the Egyptian Museum. And though many museums in the west contain impressive collections of ancient Egyptian antiquities, none begins to rival the riches on display at Cairo's Egyptian Museum. Devoted entirely to the legacy of the pharaohs, the museum has more than 120,000 items of antiquity on display, ranging from delicately crafted jewelry to towering granite colossi of kings and queens.



The guided tour will focus on some of the most ancient Egyptian artifacts; the Narmer Palette, Ra-hotep and Nofert's legendary statues. We spend time to pay tribute to Akhenaton, Nefertiti and the wisdom keepers of the XVIIIth Dynasty, including Ay and Tiye.

You will have time to wander the museum in quiet solitude to ponder the artifacts left to us by the pharaohs and to contemplate the mysteries surrounding the great dynasties. (B,L,D)

MEDITATION DAY 02: Lemurian Reactivation Ceremony in Abu Sir – Goddess MUT and the Divine Feminine. Museum: The wisdom of the SUN and the Immortal king of Tel el Amarna, Akhenaton.

Day 03: Dec 17th: Karnak temple / Luxor temple

We fly to Luxor and upon arrival we visit Karnak Temple, named Ipet-Isut, the most perfect of palaces by the ancient Egyptians, it remains magnificent after thousands of years.

Apart from its size, Karnak represents a vastness of historical time. The main Temple of Amun, from the foundations of the original Middle Kingdom Temple to the First Pylon, built during the 25th Dynasty, saw construction over a span of 1300 years.

The largest of all the temples of Egypt, its 25th Dynasty pylon welcomes visitors. The Great Hypostyle Hall contains 134 columns with the royal names of Seti I and Ramses II.

The great temple of Amun, contains a double avenue of ram-headed sphinxes, pylons built by Tuthmosis I, Horemheb, and Amenhotep II, shrines of Seti II, Amenhotep I and II, obelisks of Hatshepsut (325 tons of granite) and texts by Tuthmosis III, Ramesses II and III.

In the evening we visit Luxor Temple called the 'Temple of Man', constructions began under the reign of Amenhotep III. It was then added too by Ramses II and Nectanebo I. It has an intact avenue of sphinxes in front of the Ramses II pylon. The Kadesh Battle of Ramses II, against the Hittites, is detailed on the pylon walls. This is the only religious monument in the world that includes Pharaonic, Macedonian, Ptolemaic, Roman, Christian, and Islamic constructions.

Free time in Luxor & overnight St. George hotel (B, L, D)

MEDITATION DAY 03: The ancient wisdom of the Sacred Flames. The Luxor Brotherhood and Serapis Bey.

Day 04: Dec 18th: Abydos temple / Dendarah temple

This early morning we drive north to through the country side of Upper Egypt to visit Abydos the temple of the Osiers and "Flower of Life" , Abydos is the pilgrimage place for Egypt's visitors and no trip is completed without visiting Abydos ..



We then drive to visit Dendara Temple - Dendara belongs to a time long after the era of the great pharaohs had passed, the Greco-Roman Temple of Hathor at Dendara offers an extraordinary ancient Egyptian experience. It is one of the very few temples that remain almost completely intact, with a massive stone roof, dark chambers, underground passages, and towering columns topped by Hathor-headed capitals. (B, Lunch box, D)

MEDITATION DAY 04: The wisdom keepers of the lost civilizations. The secret knowledge of Abydos. The masters of sacred geometry and its connection to our Light Body (KA). Dendera ~ the Hathors in timeless action. Birthing new Humanity. Measuring time ~ the Dendera Zodiac

Day 05: Dec 19th: Valley of Kings / Queen Hatshipsuit / Madinet Habu temples

This morning we visit the west bank and start by making a special dawn visit to Hatsheput's temple. We then visit the mighty Medinet Habu, where the eight 'primordial' were born; this temple is the Beethoven's Fifth Symphony of Egyptian architecture. We will visit a special west bank souvenir shop specializing in stone carving. Lunch will be at the Africa Restaurant on the west bank. Then we visit the Valley of the Kings, with it's Royal Tombs. On your way back you stop at the Colossi of Memnon . This evening is free for market (B, L, D)



MEDITATION DAY 05: The Reality of the 5th Dimension. Reactivating our hearts centered new senses.

Day 06: Dec 20th: Free day in Luxor / Cairo

Free time in Luxor to explore more of it.

In the evening we fly back to Cairo. Arrive and check into Le Meridian pyramids hotel (B, D)

MEDITATION DAY 06: The Importance of 2010. The essence of the Lemurian Reactivation journeys of this year. The returning of the Cosmic Mother Balanced Feminine energy: The Divine Feminine matrix of Tibet, Lake Titicaca, New Zealand, France and Mexico -Palenque. Our Crystalline Earth's Rainbow- Diamond Reality.

Day 07: Dec 21st: The Great Pyramid / King's Chamber

Very early in the morning we visit the Giza Plateau for a private ceremony in the Great Pyramid. The oldest and largest of the three pyramids of the plateau is the only remain ancient wonder of the Seven Wonders of the World. Originally it stood 482 feet high, it is now slightly lower due to the removal of its outer casing and capstone. You will also view the pyramid of Khafre, slightly smaller than that of Khufu, his father, and retaining much of its outer limestone covering. The third pyramid of Menkaura is the smallest of the group, but perhaps the most expensive to construct due to its building material.

In the area located the Sphinx; the recumbent lion with a human head, between the paws



of the sphinx is a stele erected a thousand years (after the building of the Sphinx) by Thutmose IV in 1400 BCE, listing the names of three aspects of the local sun deity Khepera-Re-Atun. The tradition of the sphinx and Sphinx complex became common and many pharaohs had their heads carved atop the guardian statues to show their close relationship with the powerful deity, Sekhmet.

Free day to explore Cairo and Free afternoon to shop or horseback ride or revisit sites or shopping before our Farewell dinner and final closing circle (B, L, D)

MEDITATION DAY 07: Winter Solstice – Lemurian Reactivation Ceremony in the Great Pyramid. – Divine Balance in action: The immortal KA . The PearlWhite Flame of the Cosmic Mother – connecting the womb of the Earth in the Underground Chamber.

Day 08th: Dec 22nd: Final departure

Breakfast, followed by transfer to Cairo International airport for your final departure back home

Egypt Loves you ... Come and see for yourself



(Itinerary's schedule is subject to change due to reasons beyond our control)

Price for the land package:

Per person: \$2,555

Single supplement: \$650

WHAT'S INCLUDED

Greeting and assistance at airports in all cities in Egypt

All touring and transfers in air-conditioned motor coach.
Transfers from and to the airport / hotels in all cities
Entrance fees to all visits mentioned in the above itinerary.
02 nights Ler Meridian pyramids hotel Dec 15th – 17th
03 nights Sonesta St. George hotel Dec 17th – 20th
02 nights Le Meridian pyramids hotel Dec 20th – 22nd
Round trip tickets Cai / Lxr / Lxr / Cai by plane
Daily buffet breakfast at hotel
Daily lunch and or dinner as indicated on the daily activities
Private Licenses English speaking guide throughout the trip
All hotels taxes, service charges, and government sales tax
Luggage handling at all airports

WHAT'S EXCLUDED

International flight tickets
Meals and drinks, laundry, telephone calls, etc, not specified in the proposal
Travel & health Insurance and other items of a personal nature
Tipping for the tour guide / escort / drivers / guards
Pyramids view rooms \$ 50 per room per night

PAYMENTS:

\$ Final Payment to be made in USD indicated by November 15st 2010
Wire transfer & bank information is upon request: lemurianawakeninginfo@gmail.com